

Curriculum Vitae **Lara Selvaggi**

Personal Information



Name: Lara Selvaggi

Place and Date of Born: Naples, February 2nd, 1982.

Diploma in: Ballet and contemporary dance

Master degree in: Physics

PhD in: Biophysics

Languages: Italian (mother-tongue), English (fluently), German (basic)

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Web site: www.danceandphysics.com

Dance Education

1987-1990 Pre-dance and preparatory dance at the “Ballet Lyceum” Mara Fusco in Naples (Italy);

1990-1999 Academic ballet courses (Vaganova technique) and contemporary dance courses (Graham technique) at Ballet School Schininà-Vecchi in Naples;

1999-2001 Professional training for teaching at the Ballet School Schininà-Vecchi in Naples;

Ballet Diploma obtained with honors from the Ballet School Schininà- Vecchi in Naples;

Diploma Ballet exhibition: “The Nussnacker “danced with the first dancer (Luigi Ferrone) of the “San Carlo” Ballet Academy Company of Naples;



- 1996** International Festival of Dance in Gubbio (Italy): medal winner for ballet technique;
- 1997** Stage with the dancer and choreographer Peter Van der Sloot in Naples;
- 1998** Stage with dancers and choreographers: Carmen Russo, Enzo Paolo Turchi and Steve la Chance, in Castellammare di Stabia (Italy);
- 1999** Participation as a soloist for the “Dance Festival” of Naples;
- Professional stages at the Zurich Opernhaus with the following dancers: Catana, Meyer, Inagaki, Von Arb, Kunz e Restle for ballet and contemporary dance and with Professor Keller for the music theory;
- 2000** Stage with the dancer and choreographer Peter Van der Sloot in Naples;
- 2001** Participation as a soloist for the “Valeria’s Galà” in honor of the dancer Valeria Lombardi, in Naples;
- 2004** Stage with the dancer, teacher and choreographer Elisabetta Terabust, in Pescara (Italy);
- 2008** Stage with the dancer Antonio Salernitano in Naples;
- 2008** Improvement lessons for teaching with the dancers and choreographers Massimo Blonde and Corrado Canulli, at the “Verdi” theater of Trieste (Italy).

Work experience



2001-2012 Ballet teacher for students aged from 5 to 18 at the Dance School “Lunancy” in Naples;

Ballet choreographer for end-year shows.

Teacher and choreographer for ballet and contemporary stages.

Commission member for ballet examinations in ballet schools;

2009-2012 Ballet coach in preparing students for events such as “Let’s have fun with Art” in Rome and “Dance in May” at the Memorial Park in Naples;

Founder of practical and theoretical courses called “Dance & Physics”, to explain how the dance movements are governed by physics laws.

2014 Ballet teacher assistant at Ballet&Balance school in Zurich.

2009-today Invited guest for “Dance & Physics” courses in many ballet schools, secondary and high schools and international cultural centres as LAC (Lugano Arte e Cultura).